

An interview with author - **Melody R. Green** about her book **A Topsy Man Goes Naked – Love tales and recipes.**

- 1) **Why did you write A Topsy Man Goes Naked – Love Tales and Recipes?** The first thing that happened around this book was I got an image of a small white box that opened out at the top and when I looked inside there was this faint, fragrant smell that I couldn't quite detect with softly scrunched royal blue tissue paper. On opening this layer I was presented with a chocolate by the famous Italian chocolate maker Baci®Perugina®. The Baci (meaning kiss) chocolate was covered in silver printed foil and when opened it has a secret love message inside and a chocolate filled with hazelnut ganache and one whole, single hazelnut on top. The first time I ate a Baci, I popped the whole chocolate into my mouth and bit through the layers. But as I became an aficionado of Baci I learned to savour the chocolate, more, to take my time, opening and smoothing out the foil, reading the message, biting into the hard outer layer of chocolate, filling my mouth with the hazelnut ganache and finally eating the hazelnut. Eating Baci chocolates became a "love-moment". I realised this is what I wanted this book to do. To give reader moments of love, sometimes unexpected. To entice the reader to slow down and really allow themselves pleasure in the moment. To allow the Muse of Aroma and Taste the voice to explain why love and food are entwined, and when we can't enjoy food fully how we lose our ability to enjoy life or love. Once this was clear then the format of short stories, recipes and anecdotes became the structure of the book.
- 2) **Why would others find A Topsy Man Goes Naked – Love Tales and Recipes ... interesting?** I think the title intrigues readers and then the stories and recipes draw the reader in. It took me a while to get up enough courage to test this name out in the public. At the time I began writing the first story I travelled to and from work every day on a train. So I would go up to people and ask them what they thought. This research enabled me to find out how people would respond to the book and the title.
- 3) **Did you enjoy writing this book? Yes immensely.** As soon as the idea for the book came, the Muse introduced himself to me. This is a character driven book, so the characters came next, some of them very insistent! And even the recipes had a certain story to tell as well – so sometimes the character for the story came first and sometimes the recipe. It's been a hoot to write and I'll be sorry to let the characters go and live their lives in the book.
- 4) **How have others responded to reading it?** Those who have read it have all enjoyed it, and of course have their favourite stories from the collection, and many have asked me when I'll write a sequel, which is a very flattering response to receive as a writer.

5) **You mentioned you are a psychic counsellor, how long have you been one?** I was introduced to my talents when I was 19. At that time I bought my first tarot pack, but it was not until my mid 30's that I took up reading for others professionally, although I had read a lot for my friends in the time in between. As soon as I said yes to doing the work I went on an accelerated journey into all things spiritual and added many different healing modalities to the psychic skill. Twenty years ago the Angels became part of my life and my home is always full, either with Angels or characters from my writing!

6) **Have you always wanted to write?** No, not at all! In fact I did not think about writing until one morning when I was 40 I suddenly woke up and said "I'm want to be a published author!" and I haven't stopped writing since.

7) **What other books have you written?** This is my 11th book that I have published outside of the tertiary manuals I first cut my writing teeth on in my early 40's. Many are to do with my spiritual work but it's an eclectic collection and includes a memoir, a tongue in cheek look at flirting and career advice.

8) **What are you working on now?**

At the moment the characters for my next book are populating my home. They take up space and chat to me when I want to be quiet or switch off. If only I could charge rent for the space they take up! I am just starting to plot out a book about a woman called Maggie McCready who is a tarot reader. She's a bit of a gypsy finding different coffee houses and tea shops for her to read from and she impacts on all those she meets. She has a group of helpers in Spirit that work their alchemy in the food establishment bringing magic and healing to those she comes in contact with. So in this book there are real people and spiritual entities plus a possible love interest for Maggie... you can see why I'm saying I need to charge rent for my home can't you?!!

9) **Wow! That sounds great, when do you expect this to be published?**

Well its early days so I would say it won't be ready until 2020 sometime. I'm hoping it won't take 20 years to write and publish like this one!

10) **So where can readers buy your book Melody?**

NEED A FULL LIST HERE or the top 3 – Alice please provide

11) **How can readers get in touch with you? The best way is through my website :**

www.MelodyRGreenBooks.com

Thank you Melody!

So folks whether you're looking for a quick read on the train or a new recipe to try out for dinner - Just get "*A Topsy Man Goes Naked – Love tales and recipes*" and start reading!

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